

Appetizers

Wings w/carrot & celery sticks- 8

Choice of sauces - Garlic Parmesan, Sweet Asian Chili, Honey BBQ and Buffalo

Chicken Strips - 7

Onion Straws - 7

Shrimp Cocktail - 7.5 ♥ 225 cal. & 5% fat

Tomato Boursin Bruschetta - 8

Crisp toasted baguette, herbed Boursin cheese topped with tomato relish

Hummus Plate- 8 ♥ 517 cal. & 27% fat

(2 oz. cup hummus, pita chips, celery sticks, carrot sticks, cucumbers and Kalamata olives)

Edamame Pods with Soy Vinaigrette (V) - 8

Salads & Soups

Summer Park Salad - 9.5 ♥ 328 cal. & 22% fat

Spinach, strawberries, blue cheese, candied pecans with a raspberry vinaigrette

Caprese Salad - 9.5 ♥ 406 cal. & 38% fat

Fresh sliced mozzarella, tomatoes & basil, garnished with spring greens, olive tapenade, and a balsamic vinaigrette

Chicken Cobb Salad - 11

Blend of romaine and iceberg lettuce, diced grilled chicken breast, diced tomato, diced avocado, black olives, chopped bacon, chopped boiled egg, blue cheese & choice of dressing

Caesar Salad - 8 ♥ 238 cal. & 31% fat

Crisp romaine lettuce with croutons, Caesar dressing and parmesan

Add: Grilled Chicken 4oz - 3 ♥ 230 cal. & 20% fat, Crispy Chicken strips - 4, Grilled Salmon 3oz - 4.5 ♥ 120 cal. & 13% fat, Grilled Shrimp 3oz - 4.5 ♥ 50 cal. & 11% fat

Vegetable Tower - 11

Roasted Portabella mushroom layered with tomato & choice of mozzarella or tofu and topped with onion straws. The can be served hot or cold.

Large Salad Bar - 7

Small Salad Bar (one trip) - 6

House Salad - 3

Add Soup and/or Salad Bar to any dinner -

Small salad- 3.5 or Large salad - 4 & Cup of Soup 3

Soup De Jour

1 Cup - 4

1 Bowl - 5

Sandwiches

(Choice of French Fries, Chips, Cole Slaw or Fruit Cup)

BLT - 9.5

Applewood smoked bacon, lettuce, tomato, mayo

Cod - 9

Fried cod patty, lettuce, tomato, tartar sauce

Pork Tenderloin - 9.5

Fried pork fritter, mustard

Choice of Classic Reuben or Turkey Reuben - 10

Corned beef or turkey, Swiss cheese, sauerkraut, 1000 Island dressing, on Marble Rye

Breaded or Grilled Chicken - 9.5 ♥ 465 cal. & 49% fat (sandwich only)

Seasoned chicken breast, lettuce, tomato, onion, mayo, on wheat Kaiser

Chicken Salad Sandwich - 9 ♥ 473 cal. & 32% fat

Lettuce, tomato, mayo, on croissant

Ashley's Grilled Chicken - 10

Grilled Chicken breast, Swiss cheese, bacon, ranch dressing, on wheat Kaiser

Southwest Grilled Chicken - 10

Grilled chicken breast, avocado, Pepper Jack cheese, lettuce, cilantro & garlic lime aioli

Deli - 8 ♥

Beef (374 cal. & 22% fat), Turkey (304 cal. & 26% fat), Ham (359 cal. & 64% fat)

Ham, turkey, roast beef, lettuce, tomato, (choice of) cheddar, Swiss cheese, pepper jack, American and mayo on (choice of) white, wheat, wrap or marble rye

Grilled Cheese - 7.5

Sandwiches that can be ordered as a Half Sandwich - 7

BLT, Classic or Turkey Reuben, Grilled Cheese & Deli

Cup of Soup & Half Sandwich - 9.5

(Only sandwiches in the halved sandwich category)

Tomato Basil Avocado Toast - 9

(open faced 9 Grain toast w/seasoned mashed avocados and tomato and basil relish drizzled w/Balsamic syrup)

Add Feta—.5

Burgers

(Choice of French Fries, Chips, Cole Slaw or Fruit Cup)

Hamburger - 9

Turkey Burger - 8.5 ♥ (263 cal. & 14% fat)

Salmon Burger - 9 ♥ (313 cal. & 12% fat)

Veggie Burger (V) - 8.5 ♥ (173 cal. & 2% fat)

Lettuce, tomato, onion, pickles, ketchup, mustard

Add Bacon - 1.5

Add Cheese - .5

Add egg - 1

Mosher Melt - 10

All beef patty, sautéed onions, Swiss cheese, on rye bread

Burger Blue - 10

All beef patty, onion straws, bacon, blue cheese crumbles, on toasted bun

Mushroom Swiss - 10

All beef patty, with sautéed mushrooms & Swiss cheese on a toasted bun

Cali Burger - 10.5

All beef patty, pepper jack cheese, avocado, lettuce, tomato, & chipotle lime aioli

Sub cup of soup for sides—additional 1 Sub onion straws—1.5

Personal Sized Pizzas

Margarita - 9

Crust is brushed with olive oil, topped with mozzarella, tomato basil & garlic relish

Pepperoni or Sausage - 8

Veggie - 7.5

Cheese - 6.5

Driscoll Pizza - 9

Sausage and tomato basil garlic relish

Ashley Pizza - 10

Alfredo sauce, grilled chicken and bacon

Each additional meat topping - .5 / Each additional veggie topping - .25

Combo - 10

pepperoni, sausage, peppers, onions, olives & Mushrooms

***Gluten Free crust available upon request**

Pasta - Only at Dinner after 5 PM

Spaghetti - 12

Topped with an Italian tomato sauce with ground beef

Alfredo - 10

Creamy garlic parmesan sauce served over Linguini

Bruschetta - 11 ♥ (433 cal. & 23% fat)

Angel Hair pasta tossed with a tomato, garlic & basil relish

Add: Grilled Chicken 4oz - 3

Grilled Shrimp 3oz - 4.5

Salmon 3oz - 4.5

Crispy Chicken Strips - 4.5

***Gluten Free pasta available upon request**

Entrees - Only at Dinner after 5 PM

(All entrees served with your choice of two sides)

4oz Chicken breast - 12 ♥ 230 cal. & 20% fat

New York Steak - 18.5

8oz New York steak, grilled to your liking

Toppings for steak:

1. Sauté onion .5

2. Sauté mushrooms .5

3. Blue Cheese 1

4. Parmesan Shrimp 3

Coconut Shrimp - 15

Coconut & panko crusted shrimp with an orange ginger sauce

Pat's Lemon Garlic Grilled Shrimp Skewers - 15

Fresh shrimp sautéed in garlic butter & white wine

Wednesday Chef's Special - Pork - Price determined that day

Special Salmon De Jour ♥ (240 cal. & 6% fat if baked or broiled) - 17.5

6oz Salmon filet, ask your server for the special preparation of the day

Friday Chef's Special Fish - Price determined that day

Sides -

Starch De Jour, baked potato, French fries, veg du jour, house salad - substitutes allowed with the exception of onion straws which are an addl 1.5

Desserts

Shakes & Malts—*Vanilla, Chocolate* - 3.5

Ice Cream Sundae - 3.5

Chocolate, caramel, strawberry and Oreo crumble

Root Beer Float - 3.5

2 Cookies—*Cookie of the day* - 1

Dessert ala Mode—Add ice cream to your dessert - 1

Fruit Pie - 5

Cake of the Day - 5

Daily Featured Dessert - ask your server for the price

Ice Cream— ask about the flavors of the day

Small Cone - 2.5

Ice Cream Bar - 3.5

Small Dish - 2.5

All Vegan Desserts - 4

Brownies & Bars - 3

Kids Menu

Served with one side of your choice

Grilled Cheese - 7.5

Chicken Strips - 7

Hot Dogs - 6

Hamburger - 9

Add Cheese - .5

Cheese Pizza - 6.5

Sides - *French Fries, Fruit Bowl,*

Chips, or Cottage Cheese

Additional Sides

Cottage Cheese - 2

Cole Slaw - 2

Fresh Fruit Bowl - 2.5

Onion Straws - 7

French Fries - 2.5

Sweet Potato, American & Seashore

Chips - *small bag* - .5

large bag - 1

Beverages - 2

Soda - *Orange, Strawberry, Root Beer, Sprite, Diet Coke, Coke*

Lemonade

Iced Tea - 2

Juice - *Orange, cranberry, prune, apple, grape, tomato* - 2.5

Milk - 2

Hot Tea - *Orange Pekoe, orange spice (decaf), green tea (decaf)*

Coffee and Hot Tea (*reg. and decaf*) are complimentary to all.